



## MARANUI SLSC JUNIOR SURF NEWSLETTER 2010/2011 SEASON

**UPDATE:** Club Prizegiving Saturday 2 April – please put in diary  
Times to be confirmed

### Club Season Dates

Nipper sessions operate each Sunday between 21 November & 19 December for 2010, and between 16 January & 27 March from 10-11 for ages 6-8yrs and 11-12 for ages 9-13yrs.

Please provide your nipper with a suitable wetsuit as the water can be cold. We can help you with where to purchase a good quality full length wetsuit.

A safety requirement of the club is that one parent per child must be present at each session and to possibly help out with the session. Just go up to any of the Surf Coaches at any time and they will let you know how you can assist. Coaches will be wearing rash tops in club colours with “surf coach” emblazoned on the front. It’s a great opportunity to have fun with your nipper as they learn about surf lifesaving.

Cancelled Days: Club coaches will provide classroom sessions on the basic principles of surf lifesaving on days where it’s too rough to be in the surf. We will advise by posting on the website under “Latest news” and ‘Nippers’ by 9.00am on the Sunday morning if this is to occur.

### Carnivals

This is a great opportunity for your Nipper to have fun and compete against the other clubs in our region. These activities are about having fun and for which the nippers will practice at club sessions on Sundays.

Worser Bay: Sunday 28 November 2010 start 10.00am - 3pm

Paekakariki: Sunday 5 December 2010 start 10.00am – 2pm

Riversdale: Sunday 23 January 2011 start 10.00am – 3pm

Maranui: Sunday 6 February 2011 start 10.00am – 3pm

Sign-in on carnival days is 1 hour prior to start time i.e. 9am.

Club sessions won’t operate on these days as all the resources will be at the carnival.

### Club Night

Operates each Wednesday from 6-7pm (weather permitting) during the season. It’s important to note that this is an informal session and we encourage parents to get in the water and have some fun with their nipper. For safety reasons this isn’t a “drop and go”.

Nippers may use the club boards only if a club coach is present. For safety purposes we need to observe the “no parent, no board” rule.

## **Club Safety**

Nipper sessions on Sundays are always operated with Lifeguards in attendance, and where possible, and IRB team on the beach.

The First Aid Kit is located on the wall at the top of the stairs to the boatshed.

We stress the importance of good swimming skills for the surf environment. If you are interested in swim training for your nipper, we can advise you in this regard.

Surf Lifesaving is about saving lives; not risking lives.

### 200 Metre Safety Award

To some of you this may be a bit of a mystery, so to help you understand please read on. The 200m badge is awarded to nippers who complete a non-stop freestyle test at the pool with a Patrol Captain present. There is a time limit of 8 minutes including a 1 minute tread water straight after the swim, and your Nipper can achieve this any Tuesday evening at the Kilbirnie Aquatic Centre from 6-7pm. You will need to advise us in advance of your attendance.

This award has several advantages: We can confirm the swimming ability of your nipper and help with their technique. On getting their zoometer badge, your nipper will be able to progress from the boogie boards to the longer boards at club sessions. All from gyrs and upwards, who attain this award, will be able to compete at carnivals on these boards. The Badge once awarded, should be permanently sewn onto the nippers rash top so that they can be readily identified. This has to be refreshed every year.

We would like as many nippers from 8yrs and upwards to have this award.

Please always check our website for updates and Latest News.

We hope you enjoy your season with Maranui SLSC, please see the contact list below for convenience.

Regards

Maranui SLSC

Chris Mark .....Head Coach

Marc Pulepule.....Club Captain Email: lifeguards@maranui.co.nz

Paula Wood.....Maranui Clothing Email: clothing@maranui.co.nz

Jenny Everett-Wells.....Junior Surf Coordinator Email: nippers@maranui.co.nz

### Coaches

6-8yrs : Wayne Wickens – Jacqui Sadler – Quintin Tahau – Chris Holmes – Rhys Speirs – Klare Braye – Jason Reid – Chris Mark – Greig Thirkell

9-13yrs: Matt Wood – Jason Reid – Jenny Everett-Wells – Jon Gaupset – Rhys Speirs – Chris Mark – Bridget Hawkins

**[www.maranui.co.nz](http://www.maranui.co.nz)**